



EXAM UPDATE FOR VOCATIONAL GRADES

Friday 8 May 2026

Each year, following the exam period, we review our timetable to ensure it continues to meet the evolving needs of our students. After the exams in June, we will be offering Intermediate Foundation as the syllabus post Grade 5. We will also move up recent exam graduates from Intermediate Foundation to the Intermediate level in the Vocational syllabus. Class updates/schedules have been outlined for each grade on the pages to follow. Many students will have no changes.

VOCATIONAL SYLLABUS

In the RAD's own words, the Vocational Graded Syllabus has a "heavy emphasis on technique" and the exams are "designed for students who want to study classical ballet in greater depth". We ask students to keep this in mind when taking on the commitment and to display this in their work ethic, attendance, behaviour and class attire/uniform.

We usually recommend 24 months to prepare for a vocational exam however this can vary for each individual. Each student's timeline may reflect their aptitude, attendance, experience and weekly class commitment. Students must also be undertaking 2x ballet classes per week (syllabus based of the same grade level) to be eligible for exams.

We hope students also keep in mind that they should be maintaining their dance training and conditioning with more classes beyond just the syllabus classes. Classes such as jazz, lyrical, contemporary and rep extend work on areas that will benefit students in their exam pursuits.

WITHDRAWING FROM EXAMS

If your child is no longer wishing to pursue exams, please contact us so we can update our records accordingly. There are less requirements for students not doing an exam so you will need to let us know if this changes any of your enrolled classes.

NON-EXAM STUDENTS

In the major levels students can move up to the next level if they have attended the same number of classes (i.e. received the same training period as their exam counterparts). Exam students attend two ballet classes per week so if non-exam students are attending just one class per week, they will not see the same progression as the students undertaking an exam.

UNIFORM

Senior ballet students must wear Caper uniform items over their leotards. Non-uniform jumpers, T-shirts should not be worn. Plain black chiffon skirts are optional, and hair must be neatly secured in a bun.

We did want to thank and acknowledge the students who regularly wear the correct uniform to class. The respect and maturity shown is appreciated.

CONCERT ROUTINE

Recent Grade 5 graduates will learn their concert routine in their Wednesday 4-5pm class (no change in class times).

A concert routine will also be taught in the 10:30-11:30am Saturday class for students currently enrolled in the Intermediate Foundation level or higher. Please note:

- Students already enrolled in this class are assumed to be participating and will be ordered a costume. Any student preferring to opt-out of the concert routine should let us know by 31 May.
- Students in Intermediate or higher will need to opt in if they would like to do the concert class (let us know by 31 May).

Please note that the concert routine is optional. This class is not required participation for any students already attending 2x ballet syllabus classes per week.

Thank you for your attention in reading in what we know is a long note! If you are at all unsure or would like to discuss individually, please contact us. We love assisting our students with their ballet goals.

STUDENTS WHO WILL COMPLETE GRADE 5 IN JUNE 2026:

Class Time	Term 1 & 2	Term 3 & 4
Wednesday 4:00-5:00pm	Grade 5	Concert routine and Intermediate Foundation syllabus REQUIRED CLASS
Saturday 8:15-9:15am	Grade 5	Intermediate Foundation syllabus class REQUIRED CLASS

There are no changes for this cohort of students as their current classes will provide an opportunity to learn a concert routine and commence Intermediate Foundation syllabus.

Introducing Pointe

Pointe work commences in Intermediate Foundation and we expect most students who recently completed Grade 5 would already be working with the physiotherapist in preparation. If you have not begun this process you will need to start seeing the physio now.

There are many physios who offer pointe assessments however it really is a specialised area. Over the years it is clear to us that some physios were recommending students for pointe work who did not have the strength and physical range to undertake pointe work safely. This is why we work with the following Physios only:

<https://www.inspiredphysio.com.au/>

<https://progressiverehab.com.au/>

STUDENTS WHO WILL COMPLETE INTERMEDIATE FOUNDATION IN JUNE 2026:

Term 1 & 2		After The Exam (Term 3 & 4)	
Thursday 5:00-6:00pm	Intermediate Foundation	Thursday 8:00-9:00pm	Intermediate REQUIRED CLASS
Saturday 10:30-11:30am	Intermediate Foundation	Saturday 11:30-12:30pm	Intermediate REQUIRED CLASS

Students who are undertaking the Intermediate Foundation exam in June will automatically be transferred to the Intermediate classes after the exam. Please contact us if you would like to make alternative plans.

For students wanting more focus on ballet, they can also attend the following optional classes:

- Monday 8-9pm, Intermediate & Advanced.
- Thursday 7-8pm, Intermediate & Advanced.
- Saturday 1:00-1:45pm, Advanced. Students can benefit from the extra technical work and challenge.

Concert Routine

If students would like to participate in a concert routine for ballet, they can choose to opt in to the Saturday 10:30-11:30am class. Please let us know by 31 May if you plan to attend this class so we can organise a costume for you and update our class rolls.

STUDENTS WORKING TOWARDS AN INTERMEDIATE OR ADVANCED EXAM

There are no changes in class times for students who are working towards Intermediate or Advanced exams (but not in the upcoming session in June). We have list all the class options for your reference (as some of the class changes might open up more options for you).

Class & Time – Term 1 & Term 2	
8:00-9:00pm, Monday	Intermediate & Advanced
7:00-8:00pm, Thursday	Intermediate & Advanced
8:00-9:00pm, Thursday	Intermediate
8:15-9:15am, Saturday	Grade 5 Ballet Intensive
9:15-9:45am, Saturday	Combined Pointe
9:45-10:30am, Saturday	14u Rep Ballet
10:30-11:30am, Saturday	Intermediate Foundation
11:30-12:30pm, Saturday	Intermediate
12:30-1:00pm, Saturday	Open Rep Ballet/Pointe
1:00-1:45pm, Saturday	Advanced
Class & Time – Term 3 & Term 4	
8:00-9:00pm, Monday	Intermediate & Advanced
7:00-8:00pm, Thursday	Intermediate & Advanced
8:00-9:00pm, Thursday	Intermediate
8:15-9:15am, Saturday	Intermediate Foundation
9:15-9:45am, Saturday	Combined Pointe
9:45-10:30am, Saturday	14u Rep Ballet
10:30-11:30am, Saturday	Concert Routine Class
11:30-12:30pm, Saturday	Intermediate
12:30-1:00pm, Saturday	Open Rep Ballet/Pointe
1:00-1:45pm, Saturday	Advanced