

Level 6



Barre

1. Nerve Beats
123, 123, 1-2-3-4
X3 1/2 Knock turn
2. Shuffle beat X2
Shuffle shuffle toe heel beat
X3 1/2 knock turn
3. Toe heel beat X4 hop toe heel beat X4
X3 3/4 Knock turn
4. Pick up beat beat X6
Knock turn

Corner

1. Flat beat beat beat
2. Toe heels
3. Flat beat beat beat big leap

Slow Combinations

1. [Tap step heel heel toe toe shuffle beat X2 tap step heel heel toe toe] X2 (left)
Shuffle behind tap step beat X4
Brush pick-up beat beat X3 flat
X2
2. Tap step heel shuffle brush (forward) brush back brush beat beat X2
Knock beat beat X4
Tap heel toe X4
Beat beat brush beat beat brush beat beat brush beat beat
X2 (sideways/turning)
Shuffle shuffle beat beat X2
Heel heel toe toe double pick-up slide feet out feet in
X2

Level 6



Waltz Combination

1. Waltz step X4

Flat brush (forward) hop X4

Flat beat brush toe heel beat brush toe heel beat X3 (turning)

Heel heel toe toe (hold 5,6)

X2

Fast Combinations

1. Drop shuffle pick-up beat beat X4

Tap step heel beat X4

Brush pick-up beat beat shuffle pick-up beat beat

[Toe heel X3 flat] X4

Brush heel beat brush heel knock heel beat X3 (backwards)

Flat flat flat flat brush beat

X2

2. Treble beat shuffle beat beat X4

Cramp roll X4

Flat beat brush toe heel beat brush toe heel beat brush toe heel

beat X2 (turning)

Side step X3 (heels) tap step heel heel brush beat

X2

4. Time step X4

Toe heel beat hop toe heel beat X4 (turning)

Treble beat beat beat X3 double wing X2

Flat beat brush toe heel beat brush toe heel beat (turning) spin X2

X2

Level 6



Slow Routine

1. Tap step heel shuffle beat X4
Knock beat beat X4
Foot swings X3 (backwards)

2. Tap heel toe X4
Tap step heel shuffle brush (forward) brush back brush beat beat
X2

3. Shuffle shuffle beat beat X2
Beat beat brush beat brush beat beat brush beat beat (sideways)
X2

4. Brush pick-up beat beat X2
Tap step heel heel toe toe X2
X2

5. ½ rhythm
[Toe heel X4 (syncopated & turning) beat beat] X2
X2

6. Brush back beat beat X2
Brush back tap step beat X2
Shuffle back tap step beat beat X2
Double wing X2 flat beat brush beat beat

7. Knock knock beat brush beat beat X4
Tap step beat heel heel (dig) brush back beat beat X2

Level 6



Waltz Routine

1. Waltz step X4

Side step X3 (heels)

X2

2. Treble beat shuffle beat beat shuffle beat beat X2

Tap step heel beat X3

Flat beat brush beat X2

X2

3. Treble beat brush beat beat X6 (backwards)

Flat (push forward) heel brush beat X4

Cramp roll X3

4. Flat heel heel (same foot) beat brush toe heel beat X3 (turning)

Flat beat brush toe heel beat brush toe heel beat (turning)

Flat beat brush heel beat brush heel beat brush heel X3

(backwards & syncopated)

Toe heel beat X3

5. Time step X3 (brush beat instead of hop on no. 3)

Toe heel X11 beat (turning)

X2

6. Pick up toe heel X4 flat flat

Double pick-up

X2

7. Knock heel brush toe heel X2

Flat treble beat X2

X2

Level 6



Fast Routine

1. Drop change shuffle beat beat X2
Flat beat brush heel beat brush heel beat brush heel beat (backwards)
X2 (left)
2. Tap step beat heel brush beat beat beat X2
Mini roll X4
X2
3. Toe heel toe heel toe heel flat X2
Feral X2
Treble beat beat beat
X2 (left)
4. Flat beat beat beat big leap X2 (turning)
Flat beat brush toe heel beat brush toe heel beat brush toe heel
beat X2 (turning)
5. Time step X4
[Flat beat brush beat X2 shuffle beat beat] X2
X2
5. Pick up toe heel flat flat X2
Double pick-up flat flat X2
X2
6. Pain in tummy X4
Shuffle pick-up beat beat X3
Step turn