Size Chart

Get The Perfect Fit

Girth is the most important measurement when determining size! To measure girth, place a tape measure at the top of the shoulder where a leotard strap sits, then down through the crotch and back to the same shoulder. Measuring tape should be close to the body but not tight.

For a detailed demonstration, visit our Sizing page and watch **How to Measure Girth.**

INCHES | CENTIMETERS

This is a guide to help determine correct sizing. See product detail page for available sizes.

Child Sizing

Child		Toddler T (2T/3T)	XX-Small XXSC (3T)	X-Small XSC (4/5)	Small SC (6/6X)	Intermediate IC (7/8)	Medium MC (10/12)	Large LC (14)	X-Large XLC (16/18)	XX-Large XXLC (20)
Combo Sizing		T/XXSC		XSC/SC			MC/LC			
Girth	cm	81 - 89	89 - 97	97 - 104	104 - 112	112 - 119	119 - 130	130 - 137	137 - 145	145 - 152
Chest	cm	48 - 53	53 - 56	56 - 61	61 - 66	66 - 71	71 - 79	79 - 84	84 - 91	91 - 102
Waist	cm	48 - 53	53 - 56	56 - 58	58 - 61	61 - 64	64 - 69	69 - 74	74 - 81	81 - 89
Hips	cm	51 - 56	56 - 58	58 - 67	67 - 69	69 - 74	74 - 81	81 - 91	91 - 99	99 - 104
Inseam	cm	33 - 38	38 - 43	43 - 48	48 - 56	56 - 64	64 - 71	71 - 76	71 - 79	71 - 79

Adult Sizing

Adult		X-Small XSA/PA (0/2)	Small SA (4/6)	Medium MA (8/10)	Large LA (12/14)	X-Large XLA (16/18)	XX-Large XXLA (20)
Combo Sizing			SA/MA		LA/XLA		
Girth	cm	137 - 145	145 - 152	152 - 160	160 - 168	168 - 175	175 - 183
Bust	cm	79 - 84	84 - 91	91 - 97	97 - 104	104 - 114	114 - 127
Waist	cm	56 - 64	64 - 71	71 - 76	76 - 84	84 - 94	94 - 104
Hips	cm	81 - 86	86 - 94	94 - 102	102 - 109	109 - 119	119 - 130
Inseam	cm	74 - 84	74 - 84	74 - 84	74 - 84	74 - 84	74 - 84