

Level 1



Barre

1. Nerve Beats
Tap tap tap knock X4
2. Shuffle X8
3. Pick up X4

Corner

1. Turns on the spot (right/left)

Combinations

1. Heel toe X4
Heel (dig) beat X4
X2
2. Knock beat beat X4
Heel heel toe toe X2
X2
3. Brush back X4
Flat clap X4
X2
4. Knock heel (dig) beat X4
Beat beat X4
Shuffle beat X2
X2